

PROGRAMME SAISON 2024-2025

H	LUNDI		MARDI			MERCREDI		JEUDI		VENDREDI	
	Salle 1	Salle 2	Salle 1	Salle 2	Salle 3	Salle 1	Salle 2	Salle 1	Salle 2	Salle 1	Salle 2
9h						9h30-10h30* CARDIO RENFO				9h – YOGA KUNDALINI*	
12h			12h15* QI GONG	12h15* Modern'Jazz ados adultes		10h45-11h45* PILATES					
14h											
15h											
16h							16H15 DANSE 6-7 ANS				
17h			DANSES DE SALON INTER/ AVANCE	17H15 DANSE 4-5 ANS			HIP HOP STREET DANSE 8-12 ANS				
18h	SOLO WEST COAST SWING FEMMES	SOLO WEST COAST SWING HOMMES	SOLO SWING CHARLESTON	GIRLY STREET DANCE DEBUTANT		SOLO STYLING SALSA BACHATA	GIRLY STREET DANSE INTER-AVANCE	BACHATA INTER 1	DANSE ORIENTALE ENFANT	HIP HOP STREET ADOS/ADULTESA VANCES	BALBOA
19h	WEST COAST SWING AVANCE GROUPE 2	Méthode M.Ind by Nadia DUMONT*	WEST COAST SWING DEBUTANT	LINDY HOP AVANCE		ROCK INTER 2	BACHATA DEBUTANT	WEST COAST SWING INTER1	LINDY HOP DEBUTANT	HIP HOP STREET ADOS/ADULTES Débutant/Inter	BACHATA AVANCE
20h	SALSA CUBAINE INTER 1	LINDY HOP INTER 1	ROCK DEBUTANT	SALSA DEBUTANT		ROCK AVANCE	WEST COAST SWING INTER 2	WEST COAST SWING AVANCE GROUPE 1	DANSE ORIENTALE* débutant & inter	SALSA CUBAINE AVANCE	
21h	SALSA CUBAINE INTER/AVANCE	LINDY HOP INTER 2	ROCK INTER 1	WEST COAST SWING COMPETITION	BOOGIE WOOGIE DEBUTANT	ROCK and SWING INTER/AVANCE	WEST COAST SWING INTER/AVANCE	BOOGIE INTER/AVANCE	DANSE ORIENTALE* INTER2-AVANCE	WEST COAST SWING AVANCE GROUPE 3	
22h								BOOGIE ACROS ET DEMOS			



Programme susceptible de modification

Légende :

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= Prof indépendant pratiquant leur propre tarification

